CARROT

Your Carrot benefit

We've partnered with Carrot Fertility to provide our employees with inclusive fertility, hormonal health, and family-forming benefits. Employees can use Carrot to get personalized support regardless of age, race, income, sex, sexual orientation, gender, marital status, and geography.

Visit get-carrot.com/signup to create your account and explore the resources available, including the funds we've provided to help pay for care.

Claim your benefit



Personalized guidance

- Receive a free, personalized Carrot Plan created by a Carrot Expert that provides actionable next steps to help you make the most of your benefit
- Talk to Carrot's team of medical experts and specialists about navigating options, costs, and other questions — 99% of members rate these conversations 4.9 out of 5 stars
- Explore trusted educational resources no more online searching
- Get at-home support like fertility tests, precision ovulation tracking, and more*

Provider network, discounts, and access to funds

- Access funds to help pay for eligible care and services
- Use your Carrot Card®, a pre-funded card, to pay for care without paying out-of-pocket
- · Find eligible providers, agencies, and attorneys near you
- · Receive exclusive discounts and expedited appointments at Carrot partner clinics and agencies*
- Order medications, supplements, and vitamins from Carrot Rx®, an online pharmacy, for savings and convenient delivery

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Get support with*:

· Understanding fertility health (e.g., fertility testing and ovulation tracking)

Eunice

- Preservation (egg, sperm, embryo freezing)
- Assisted reproduction (e.g., in vitro fertilization)
- Adoption, gestational surrogacy, and donor assistance
- Pregnancy and postpartum (includes funds for doula support and milk shippina)
- Perimenopause, menopause, and low testosterone (low T)



🍂 What's new

Menopause and low T financial coverage

Get on the path to relief. Use your funds to pay for medications, nutrition counseling with registered dietitians, in-person and virtual visits with specialists, eligible products to regulate temperature like wearable cooling devices, and more.

Employees love Carrot

"This benefit has changed my life for the better. I would not feel confident and empowered if not for this experience."



— Tiffany J.

*Carrot is available in 130+ countries, and services available may vary by employer, geography, and local rules and regulations.