Tillamook Country Creamery Association



Critical Illness Insurance

can pay money directly to you when you're diagnosed with certain serious illnesses.

How does it work?

If you're diagnosed with an illness that is covered by this insurance, you can receive a lump sum benefit payment. You can use the money however you want.

Why is this coverage so valuable?

- The money can help you pay out-of-pocket medical expenses, like co-pays and deductibles.
- You can use this coverage more than once. Even after you receive a payout for one illness, you're still covered for the remaining conditions and for the reoccurrence of any critical illness with the exception of skin cancer. The reoccurrence benefit pays 100% of your coverage amount. Diagnoses must be at least 180 days apart or the conditions can't be related to each other.

What's covered?

| Critical illnesses | | |
|---|--|--|
| Heart attack Stroke Major organ failure End-stage kidney failure | Coronary artery disease Major (50%): Coronary artery bypass graft or valve replacement Minor (10%): Balloon angioplasty or stent placement | |
| Cancer conditions | | |
| Invasive cancer - all breast | • Non-invasive cancer (25%) | |

| • | Invasive cancer - all breast | • | Non-invasive cancer (25%) |
|---|-------------------------------|---|---------------------------|
| | cancer is considered invasive | • | Skin cancer |

Progressive diseases

- Amyotrophic Lateral Sclerosis (ALS)
- Dementia, including Alzheimer's disease
- Multiple Sclerosis (MS)
- Parkinson's disease
- Functional loss

Why should I buy coverage now?

- It's more affordable when you buy it through your employer and the premiums are conveniently deducted from your paycheck.
- If you apply during your initial enrollment, you can get coverage without a health exam or medical questions.
- Coverage is portable. You may take the coverage with you if you leave the company or retire. You'll be billed at home.

Be Well Benefit

Every year, each family member who has Critical Illness coverage can also receive \$75 for getting a covered Be Well Benefit screening test, such as:

diabetes

chest X-ray, mammography

Immunizations including HPV,

MMR, tetanus, influenza

- Annual exams by a physician • Screenings for cholesterol and (including sports physicals) for adults, and well-child visits • Imaging studies, including
- Screenings for cancer, including pap smear, colonoscopy Cardiovascular function
- screenings

Who can get coverage?

| You | Choose \$10,000, \$20,000 or \$30,000 of coverage with no medical questions if you apply during this enrollment. |
|------------------|---|
| Your spouse | Spouses can get 50% of the employee coverage amount as long as you have purchased coverage for yourself. |
| Your children | Children from live birth to age 26 are automatically covered at no extra cost. Their coverage amount is 50% of yours. They are covered for all the same illnesses plus these specific childhood conditions: cerebral palsy, cleft lip or palate, cystic fibrosis, Down syndrome and spina bifida. The diagnosis must occur after the child's coverage effective date. |

Active employment: You are considered in active employment if, on the day you apply for coverage, you are being paid regularly for the required minimum 30 hours each week and you are performing the material and substantial duties of your regular occupation. Insurance coverage will be delayed if you are not in active employment because of an injury, sickness, temporary layoff, or leave of absence on the date that insurance would otherwise become effective. New employees have a 0 day waiting period to be eligible for coverage. Please contact your plan administrator to confirm your eligibility date.

If enrolling, and eligible for Medicare (age 65+; or disabled) the Guide to Health Insurance for People with Medicare is available at www.medicare.gov/Pubs/pdf/02110-Medicare-Medigap. auide.pdf

Please refer to the certificate for complete definitions about these covered conditions. Coverage may vary by state. See exclusions and limitations.

Critical Illness Insurance benefit and cost

| Monthly costs | | | | |
|---------------|--|----------|--|--|
| Age | Employee coverage: \$10,000 Spouse coverage: \$5,000 Be Well benefit: \$75 | | Employee coverage: \$10,000 Spouse coverage: \$5,000 Be Well benefit: \$75 | |
| | Employee | Spouse | | |
| under 25 | \$4.31 | \$3.71 | | |
| 25 - 29 | \$4.91 | \$4.01 | | |
| 30 - 34 | \$5.91 | \$4.51 | | |
| 35 - 39 | \$7.31 | \$5.21 | | |
| 40 - 44 | \$9.51 | \$6.31 | | |
| 45 - 49 | \$13.01 | \$8.06 | | |
| 50 - 54 | \$18.31 | \$10.71 | | |
| 55 - 59 | \$25.11 | \$14.11 | | |
| 60 - 64 | \$35.71 | \$19.41 | | |
| 65 - 69 | \$51.51 | \$27.31 | | |
| 70 - 74 | \$76.51 | \$39.81 | | |
| 75 - 79 | \$106.81 | \$54.96 | | |
| 80 - 84 | \$147.91 | \$75.51 | | |
| 85+ | \$233.21 | \$118.16 | | |

Monthly costs

| Monthly costs | | |
|---------------|---|----------|
| Age | Employee coverage: \$20,000 Spouse coverage: \$10,000 Be Well benefit: \$75 | |
| | Employee | Spouse |
| under 25 | \$5.51 | \$4.31 |
| 25 - 29 | \$6.71 | \$4.91 |
| 30 - 34 | \$8.71 | \$5.91 |
| 35 - 39 | \$11.51 | \$7.31 |
| 40 - 44 | \$15.91 | \$9.51 |
| 45 - 49 | \$22.91 | \$13.01 |
| 50 - 54 | \$33.51 | \$18.31 |
| 55 - 59 | \$47.11 | \$25.11 |
| 60 - 64 | \$68.31 | \$35.71 |
| 65 - 69 | \$99.91 | \$51.51 |
| 70 - 74 | \$149.91 | \$76.51 |
| 75 - 79 | \$210.51 | \$106.81 |
| 80 - 84 | \$292.71 | \$147.91 |
| 85+ | \$463.31 | \$233.21 |

Monthly costs

| Age | Employee coverage: \$30,000 Spouse coverage: \$15,000 Be Well benefit: \$75 | |
|----------|---|----------|
| | Employee | Spouse |
| under 25 | \$6.71 | \$4.91 |
| 25 - 29 | \$8.51 | \$5.81 |
| 30 - 34 | \$11.51 | \$7.31 |
| 35 - 39 | \$15.71 | \$9.41 |
| 40 - 44 | \$22.31 | \$12.71 |
| 45 - 49 | \$32.81 | \$17.96 |
| 50 - 54 | \$48.71 | \$25.91 |
| 55 - 59 | \$69.11 | \$36.11 |
| 60 - 64 | \$100.91 | \$52.01 |
| 65 - 69 | \$148.31 | \$75.71 |
| 70 - 74 | \$223.31 | \$113.21 |
| 75 - 79 | \$314.21 | \$158.66 |
| 80 - 84 | \$437.51 | \$220.31 |
| 85+ | \$693.41 | \$348.23 |

Your paycheck deduction will include the cost of coverage and the Be Well Benefit. Actual billed amounts may vary.

Pre-existing conditions

We will not pay benefits for a claim when the Covered Loss occurs in the first 12 months following an Insured's Coverage Effective Date and the Covered Loss is caused by, contributed to by or occurs as the result of any of the following:

• a Pre-existing Condition or

• complications arising from treatment or surgery for, or medications taken for, a Preexisting Condition.

An Insured has a Pre-existing Condition if, within the 12 months just prior to their Coverage Effective Date, they have an injury or sickness, whether diagnosed or not, for which:

- medical treatment, consultation, care or services, or diagnostic measures were received or recommended to be received during that period;
- \cdot drugs or medications were taken, or prescribed to be taken during that period: or \cdot symptoms existed.

The Pre-existing Condition provision applies to any Insured's initial coverage and any increases in coverage. Coverage Effective Date refers to the date any initial coverage or increases in coverage become effective.

Pre-existing Condition requirements are not applicable to Children who are newly acquired after your Coverage Effective Date

Date of diagnosis must be after the coverage effective date.

Exclusions and limitations

We will not pay benefits for a claim that is caused by, contributed to by, or occurs as a result of any of the following:

 -committing or attempting to commit a felony; being engaged in an illegal occupation or activity; injuring oneself intentionally or attempting or committing suicide, whether sane or not; -active participation in a riot, insurrection, or terrorist activity. This does not include civil commotion or disorder, injury as an innocent bystander, or injury for self-defense; -participating in war or any act of war, whether declared or undeclared; combat or training for combat while serving in the armed forces of any nation or authority, including the National Guard, or similar government organizations; -voluntary use of or treatment for voluntary use of any prescription or non-prescription drug, alcohol, poison, fume, or other chemical substance unless taken as prescribed or directed by the Insured's Physician; -being intoxicated; and a Date of Diagnosis that occurs while an Insured is legally incarcerated in a nepal or correctional institution

Additionally, no benefits will be paid for a Date of Diagnosis that occurs prior to the Coverage Effective Date.

End of employee coverage

If you choose to cancel your coverage your coverage ends on the first of the month following the date you provide notification to your employer. Otherwise, your coverage ends on the earliest of the: date this policy is canceled by Unum or your employer; date you are no longer in an eligible group; date your eligible group is no longer covered; date of your death; last day of the period any required premium contributions are made; or last day you are in active employment.

However, as long as premium is paid as required, coverage will continue in accordance with the Continuation of your Coverage during Absences provision or if you elect to continue coverage for you, your Spouse, and Children under Portability of Critical Illness Insurance.. Unum will provide coverage for a payable claim that occurs while you are covered under this certificate.

THIS INSURANCE PROVIDES LIMITED BENEFITS. This information is not intended to be a complete description of the insurance coverage available. The policy or its provisions may vary or be unavailable in some states. The policy has exclusions and limitations which may affect any benefits payable. For complete definitions of coverage and availability, please refer to Certificate Form GCIC16-1 or contact your Unum representative. Underwritten by:

Unum Insurance Company, Portland, Maine

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Unum Insurance Company OUTLINE OF COVERAGE

Benefits provided are supplemental and are not intended to cover all medical expenses

NOTICE: This coverage is designed only as a supplement to a comprehensive health insurance policy and should not be purchased unless you have this underlying coverage. Persons covered under Medicaid should not purchase it. Read the Buyer's Guide to Critical Illness Insurance to review the possible limits on benefits in this type of coverage.

Read the Policy and your Certificate Carefully. This outline of coverage provides a very brief description of the important features of coverage. This is not the insurance contract and only the actual Policy and Certificate provisions will control. The Policy itself sets forth in detail the rights and obligations of us and the Policyholder. It is, therefore, important that you **READ THE POLICY AND YOUR CERTIFICATE CAREFULLY!**

Critical Illness coverage is designed to provide, to persons insured, restricted coverage paying benefits ONLY when certain losses occur as a result of specified diseases. Coverage is not provided for basic hospital, basic medical-surgical, or major medical expenses.

Critical Illness Coverage Amounts

| For You | For Your Spouse | For Your Children |
|--------------------------------|-----------------------------|-----------------------------|
| \$10,000, \$20,000 or \$30,000 | 50% of your Coverage Amount | 50% of your Coverage Amount |

Covered Conditions

| Critical Illnesses | Percentage of Coverage Amount |
|--|----------------------------------|
| Coronary Artery Disease (Major) | 50% |
| Coronary Artery Disease (Minor) | 10% |
| End Stage Renal (Kidney) Failure | 100% |
| Heart Attack (Myocardial Infarction) | 100% |
| Major Organ Failure Requiring Transplant | 100% |
| Stroke | 100% |

| Cancer | Percentage of Coverage Amount |
|--|----------------------------------|
| Invasive Cancer (including all Breast Cancer) | 100% |
| Non-Invasive Cancer | 25% |
| Skin Cancer | \$500 |

| Supplemental Critical Illness | Percentage of Coverage Amount |
|---|----------------------------------|
| Benign Brain Tumor | 100% |
| Coma | 100% |
| Loss of Hearing | 100% |
| Loss of Sight | 100% |
| Loss of Speech | 100% |
| Infectious Disease | 25% |
| Occupational Human Immunodeficiency Virus (HIV) or Hepatitis | 100% |
| Permanent Paralysis | 100% |

| Progressive Diseases | Percentage of Coverage Amount |
|---|----------------------------------|
| Amyotrophic Lateral Sclerosis (ALS) | 100% |
| Dementia (including Alzheimer's Disease) | 100% |
| Functional Loss | 100% |
| Multiple Sclerosis (MS) | 100% |
| Parkinson's Disease | 100% |

| Additional Critical Illnesses for Your Children | Percentage of Coverage Amount |
|--|----------------------------------|
| Cerebral Palsy | 100% |
| Cleft Lip or Palate | 100% |
| Cystic Fibrosis | 100% |
| Down Syndrome | 100% |
| Spina Bifida | 100% |