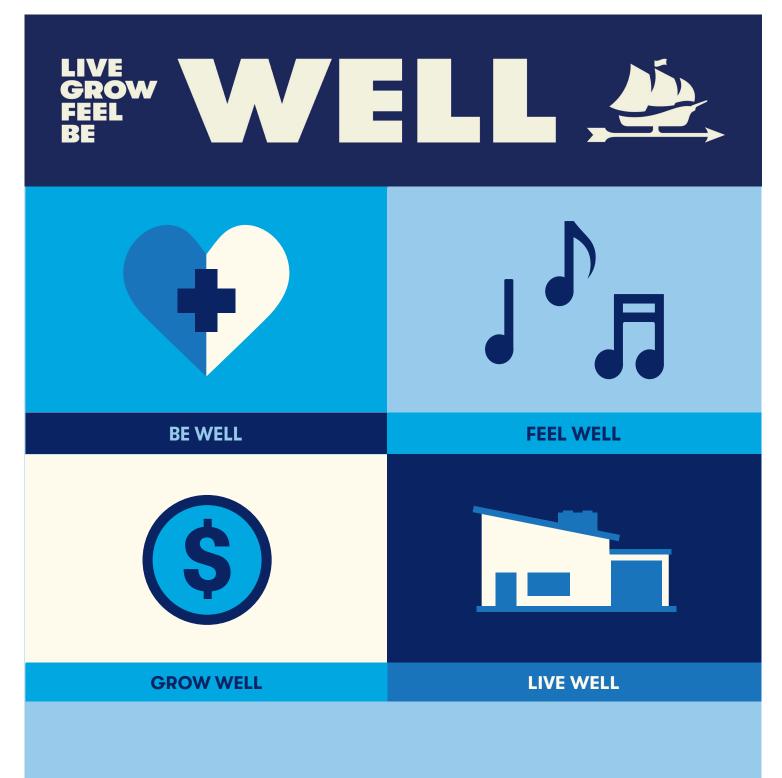


# 2025 BENEFIT GUIDE

ALL FULL-TIME EMPLOYEES





# WE TAKE CARE OF OUR OWN

# AT TILLAMOOK, WE REMAIN GUIDED BY THE SAME VALUES AND BELIEFS WE STARTED WITH IN 1909.

When you join TCCA, you are joining our close-knit community. And at TCCA, we live our shared value of **Genuine Care**. To inspire greatness inside and out, we invest in our culture and ensure that our employees receive exceptional health benefits, rich retirement programs and great discounts and perks to support you and your family.

Supporting whole well-being is one of the ways Tillamook contributes positively to the lives of our employees and to our culture. At TCCA, our well-being programs seek to address comprehensive dimensions of wellness, offering support and strategies to help each of us adopt and maintain healthy behaviors and live a good life. **Be Well, Feel Well, Live Well and Grow Well**. These four pillars form the framework of our well-being program. And, together these programs support the whole well-being of our employees.

This benefit guide contains a very general description of many of the benefits to which you may be entitled as an employee of TCCA. Each employee is an essential member of the team, and for this, we strive to ensure that we offer the most competitive benefits and are continuously exploring opportunities to improve our offerings to employees. This document summarizes benefits offered to full-time non-union employees during the 2025 plan year which ends 12/31/2025.

Please understand that this general description is not intended to provide you with all the details of these benefits. Therefore, this benefit guide does not change or otherwise interpret the terms of the official plan documents. Your rights can be determined only by referring to the full text of the official plan documents. This benefit guide is designed to provide you with highlights of the benefits that TCCA offers full-time employees.

### **Union Employees**

This guide provides an overview of some of the benefits that may be offered to you by your union and/or Collective Bargaining Agreement (CBA). This Benefit Guide does not change or otherwise interpret the terms of the official plan documents or your Collective Bargaining Agreement (CBA). Please contact your respective union representative for all Health and Welfare benefits, as well as your Pension Plan, if eligible.



# HOW TO USE THIS BENEFIT GUIDE

This guide is color-coded so you can easily determine what benefits apply to you.

## NON-UNION: (NU)

## UNION: (U)

# BOTH NON-UNION & UNION: (NU/U)

We encourage you to review the information in this guide so that you're able to make informed choices about your Tillamook County Creamery Association benefits package. This benefit guide is designed to provide you with highlights of your benefit options. For more detailed plan information, please refer to the Summary Plan Descriptions which are available through the People & Culture Team and on the Well-Being page of Tillaverse.

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Visit the Well-Being page on the Tillaverse for many more resources!

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NON-UNION UNION

ALL

# HEALTHCARE

## 2025 Monthly Benefit Costs

Our commitment to providing exceptional benefits while maintaining fiscal responsibility reflects our grounding in our core values of Genuine Care and Good Stewards.

## Both of the medical plans we offer are rated at the Gold level among PPO Insurance Plans.

Our health plan rates include a monthly \$120 Spousal/ Domestic Partner Surcharge on coverage for spouses and domestic partners who do not choose to enroll in coverage available through their own employer. This surcharge is in addition to the monthly premium the employee pays. The monthly surcharge will not apply to TCCA employees who elect to cover their spouse/domestic partner on our TCCA plan and sign a legal affidavit confirming that their spouse/domestic partner either:

- Does not have access to employer-provided insurance; or
- Enrolls in their own employer's insurance as their primary coverage and elects TCCA coverage as their secondary insurance.

Compared to other plans in the industry, our employee only rate is 62% lower and our family rate is 150% lower.\*

## Please see the chart below for employee pre-tax contributions effective 1/1/2025–12/31/2025.

MEDICAL, PRESCRIPTION, VISION & DENTAL			
	2025		
Tier	Employee Monthly Premium	Full Monthly Premium	
Employee Only:	\$100	\$785	
Employee + Spouse: w/ \$120 Surcharge:	\$210 \$330	\$1,649	
Employee + Child(ren):	<b>\$139</b> \$1,413		
Employee + Family: w/ \$120 Surcharge:	\$254 \$374	\$2,277	

Full premiums (shown in green) are the total cost of your coverage. Tillamook pays the difference between the employee contribution and the full premium. The employer rates shown are for Regence Blue Plan/Delta Dental, rounded to the nearest dollar.

\*2023 Mercer Benchmarking Data

### Full-time non-union employees and their dependents are eligible on the 1st of the month following their date of full-time hire.

**Please note:** Employees with spouses also working for Tillamook County Creamery Association may not be enrolled as both an employee and a dependent on the plan.

### **EMPLOYEE CONTRIBUTIONS (SECTION 125)**

Your share of medical, prescription, vision, and dental premiums will be automatically deducted pre-tax only, unless requested otherwise. Domestic partner premiums are taxable. Special rules apply to premiums for domestic partners.

# Premiums for domestic partner coverage

Under federal tax law, the portion of insurance premium that TCCA pays for employee coverage is not taxed as income. Federal law treats benefits for spouses, children, and certain dependents the same way. However, a domestic partner and their children are not considered eligible tax dependents under federal law. As a result, the employee is required to pay income tax and Social Security payroll tax on the portion of the insurance premium that TCCA contributes for domestic partners and their children through the regular payroll process.

## 2024 Monthly Benefit Plan Costs, Full Time (U)

As outlined in the Collective Bargaining Agreement (CBA), full-time union employees are eligible on the 1st of the month following 60 days of employment with a minimum of 80 hours worked per month. Enrollment is managed through William C. Earhart Co.

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	2024*		
Tier	Employee Monthly Premium	TCCA Monthly Premium	
Employee Only	\$238.53	\$1,528.33	
Employee + Child(ren)	\$238.53	\$1,528.33	
Employee + Spouse	\$238.53	\$1,528.33	
Employee + Family	\$238.53	\$1,528.33	
*Pates will be updated when available			

### MEDICAL, PRESCRIPTION, VISION & DENTAL

\*Rates will be updated when available.

## Union Plans Only (U)

TCCA will deduct the premiums from your paycheck and submit to the administrator in accordance with your CBA. TCCA does not manage or administer the union benefit plans. To enroll in coverage, make changes to coverage, get assistance with claims assistance, etc. you will need to contact your benefits administrator.

This guide is intended to provide you with a summary of the benefits that the union offers you. At all times, the actual plan documents will supersede this guide. Please refer to the actual documents provided to you by your union for specific benefit questions.

# **BLUE PLAN OPTION**

Tillamook County Creamery Association's Blue Plan includes medical, vision and prescription drug coverage and is offered through Regence effective January 1, 2025 – December 31, 2025.

TILLAMOOK BLUE PLAN FEATURES	PREFERRED PROVIDERS	OUT OF NETWORK			
Lifetime Maximum Benefit	Unlimited				
Calendar Year Deductible	\$400 Individual/\$1,200 Family				
Medical Out of Pocket Maximum (Includes Deductible)	\$3,500 Individ	ual/\$10,500 Family			
Physicians Services					
Preventive Care	\$0 (no deductible)	40%			
Office Visits/Specialists Visits	\$25/\$35 (no deductible)	40%			
Outpatient Mental Health	\$0 (no deductible)	40%			
Virtual Visits including Mental Health	\$0 (no deductible)	40%			
MDLIVE - Telehealth and Mental Health	\$0 (no deductible)				
(NEW) Hinge Health - Virtual PT	\$0 (no deductible)				
Lab/X-Ray	0% (no deductible) for the first \$600, 20% thereafter	0% (no deductible) for the first \$600, 40% thereafter			
Hospital Services	Hospital Services				
Inpatient Admission/Outpatient Surgery	20%	40%			
Emergency Services					
Urgent Care	\$50 (no deductible)	\$50 (no deductible)			
Emergency Room	\$250	then 20%			
Alternative Care					
Acupuncture (12 Visits Per Calendar Year)	\$25 copay	(no deductible)			
Chiropractic (24 Visits Per Calendar Year)	\$25 copay	(no deductible)			
Pharmacy Benefits					
Tier 1 (Previously Generic)	\$10 (no	deductible)			
Tier 2 (Previously Brand Name)	\$40 (nc	deductible)			
Tier 3 (Previously Non-Preferred Brand Name)	\$60 (nc	deductible)			
Tier 4 (Previously Specialty)	\$100 (no	o deductible)			
Mail Order (90 Day Supply)	\$10 (no deductible) for Tier 1 prescriptions, 2 copays for Tier 2 and Tier 3 prescriptions				
Prescription Out of Pocket Maximum	\$2,500				
Moda Vision Plan Connexus Network: Oregon, Clark and Cowlitz counties in WA. Outside of area: Use any licensed eye care professional with the same benefits in or out of network.					
Exams	No charge up to \$200 (no deductible)				
Hardware	\$450 maximum benefit (per calendar year)				

Unless noted, the medical benefits are subject to the deductible.

ALL

NON-UNION

# HDHP PLAN OPTION

Tillamook County Creamery Association's HDHP Plan includes medical, vision and prescription drug coverage and is offered through Regence effective January 1, 2025 – December 31, 2025.

TILLAMOOK HDHP PLAN FEATURES	PREFERRED PROVIDERS	OUT OF NETWORK		
Lifetime Maximum Benefit	Unlimited			
Calendar Year Deductible	\$1,650 Employee Only Coverage* \$3,300 Individual on Family Coverage*/\$3,300 Family Cap*			
Medical Out of Pocket Maximum (Includes Deductible)	\$4,000 Individua	ıl/\$8,000 Family		
Health Savings Account Employer Contribution	\$750 Individual/\$1,500 Fa	mily Annual Contribution		
Physicians Se <b>rvices</b>				
Preventive Care	\$0 (no deductible)	40%		
Office Visits/Specialists Visits	20%	40%		
Virtual Visits including Mental Health	\$0 (after deductible)	40%		
MDLIVE-Telehealth and Mental Health	\$0 (after deductible)			
(NEW) Hinge Health - Virtual PT	\$0 (after deductible)			
Lab/X-Ray	20%	40%		
Hospital Services	20%	40%		
Emergency Services				
Urgent Care	20%	40%		
Emergency Room	20%	40%		
Alternative Care				
Acupuncture (12 Visits Per Calendar Year)	20%	40%		
Chiropractic (24 Visits Per Calendar Year)	20%	40%		
Pharmacy Benefits*				
Tier 1 (Previously Generic)	20	%		
Tier 2 (Previously Brand Name)	20	%		
Tier 3 (Previously Non-Preferred Brand Name)	20	%		
Tier 4 (Previously Specialty)	20	%		
Mail Order (90 Day Supply)	20%			
Prescription Out of Pocket Maximum	Combined with medical out of pocket maximum			
Moda Vision Plan Connexus Network: Oregon, Clark Outside of area: Use any licensed	and Cowlitz counties in WA. eye care professional with the same	benefits in or out of network.		
Exams (Every 12 Months)	No charge up to \$200 (no deductible)			
Hardware (Every 12 Months)	\$450 maximum benefit			

Unless noted for both the standard and high deductible plans, the medical benefits are subject to the deductible.

\*When you and one or more dependents are covered on the HDHP/HSA plan, the individual deductible is replaced by an aggregate family deductible. This means that the family deductible of \$3,300 can be satisfied by one family member or all family members in combination, but benefits are not provided for any family member until the total family deductible has been reached.

# **MEDICAL** (NU)

## **Medical, Vision & Prescription Drug**

Tillamook offers a choice of two plans which include medical, vision and prescription drug coverage which are offered through Regence effective January 1, 2025– December 31, 2025. Below is more information that applies to both plan options on the previous two pages.

### **PROVIDER NETWORK**

Regence BlueCross BlueShield provides In-network coverage at Regence Preferred Providers in Oregon and Washington, and nationwide through the BlueCard PPO network. When you login at Regence.com you can search for in-network providers and can determine the category of your provider:

**Preferred Provider:** You choose to see a preferred provider and save the most in your out-of-pocket expenses.

**Out of Network:** You choose to see a provider that does not have a contract with Regence and your out-of-pocket expenses will generally be higher than at a Regence Preferred Provider. Also, choosing this category means you may be billed for balances beyond any deductible, copayment and/or coinsurance

### **VISION BENEFITS-MODA**

Vision benefits include one exam per calendar year up to \$200 for vision correction. Hardware benefits including eyeglasses or contact lenses are limited to a \$450 benefit per calendar year covered by Moda. Hardware in excess of \$450 is the responsibility of the member. Most vision providers can bill Moda directly and only need your Moda ID Card at the time of service. If your vision provider does not bill insurance, you have the option to submit a claim to Moda yourself for reimbursement.

### **PHARMACY BENEFITS**

Your pharmacy benefits utilize medications on the Regence Formulary. The formulary is a list of medications that are approved by an independent committee of doctors and pharmacists. Each medication falls into a category, called Tiers. Tier 1 and Tier 2 medications are lower copays and Tier 3 medications are the highest copay. Specialty medications are a separate classification, and fall into Tier 4. Certain medications require prior-authorization by Regence, or require you try a less costly medication first. Specialty medications treat serious health conditions such as multiple sclerosis and rheumatoid arthritis. They are complex and expensive and may require intensive monitoring including priorauthorization, and requirements to try less costly medications first. You can search the formulary list at <u>https://regence.com/</u> go/2025/OR/4tier.

# Additional Programs Included with Regence Plans (NU)

## **MDLive Telehealth (NU)**

Provides virtual access to a medical doctor for primary care by phone, video or app, 24 hours a day for FREE for employees and covered dependents in the Tillamook Blue Plan! Participants enrolled in the HDHP plan pay 0% after the deductible has been met. MDLive doctors are able to prescribe medication and call it in to a pharmacy near you!

### MEDICAL

MDLive Doctors can treat over 50 routine medical conditions including, but not limited to: allergies, cold, flu, constipation, cough, diarrhea, ear problems, bug bits, pink eye, rash, respiratory problems, and sore throats.

### BEHAVIORAL

Feeling tense, anxious, or worried? There are steps you can take to manage your stress level and find the best ways to cope. With MDLive you can visit a counselor or psychiatrist by phone, secure video, or with the MDLive app. You have the option to choose the counselor you wish to speak to when you schedule your visit!

### DERMATOLOGY

The dermatology service, powered by DermatologistOnCall, is for non-emergency issues affecting the skin, hair, or nails. The dermatology service is fast, efficient, and provides an expedited diagnosis and treatment plan within 72 hours (most calls are returned within 24 hours). Common conditions treated include: hair loss, acne, dandruff, rash, psoriasis, rosacea, eczema, warts, and skin lesions/moles.

Download the MDLive mobile app to register or create an account at <u>mdlive.com</u>.

## Hinge Health (NU)

ALL

### VIRTUAL PHYSICAL THERAPY

Hinge Health offers the convenience of in-home physical therapy and no member copay on the Blue plan, and 0% after the deductible has been met on the HDHP. From prevention to post-surgery rehab, for every body — and body part.

Hinge Health combines expert clinical care and advanced technology to go beyond traditional physical therapy. You'll work with licensed doctors of physical therapy, health coaches, physicians and orthopedic surgeons on your journey to pain-free mobility. The program uses computer vision technology powered by AI and includes motion sensors to deliver more effective and engaging exercise therapy. By using the provided wearable devices, members receive real-time exercise therapy guidance for greater engagement and better outcomes. Data from each exercise session is used to regularly monitor and adjust care plans to meet the member's needs.

Available to all Regence members. Visit HingeHealth.com and download the mobile app to get started!

## Omada (NU)

Omada is a digital care program that empowers people to achieve their health goals. Participants get the support and tools they need, including a health coach, connected devices, interactive lessons and more.

#### **OMADA FOR PREVENTION**

(Pre-diabetes and Weight Loss) Supports members in achieving and maintaining a healthy weight through science-backed guidance, personalized care paths, connected scales, educational content, and access to health coaches and support groups.

### **OMADA FOR DIABETES**

Empowers members to manage diabetes with proactive support from Certified Diabetes Care Specialists, Health Coaches, peer groups, and virtual physician visits. Connected devices including continuous glucose monitors and blood glucose meters are included.

#### **OMADA FOR HYPERTENSION**

Supports members with hypertension in building healthy habits to reduce heart disease risk through health coaches, Hypertension Specialists, virtual physician visits, and support groups. A connected digital scale & blood pressure monitor are included.

## **Boulder Care (NU)**

Boulder Care offers telehealth addiction treatment grounded in kindness, respect, and unconditional support. Coverage is provided through the Regence network.

#### VIRTUAL TREATMENT

No more waiting rooms or long trips to a clinic. Boulder's telehealth program is delivered entirely virtually, through video visits and messaging in an app on your phone.

#### **COMPASSIONATE CARE**

At Boulder, you and your care team will make all the important decisions together. They offer help with everything from medical needs and prescriptions to finding housing and resolving insurance issues.

#### **PROVEN RESULTS**

The right combination of medication, peer coaching, care coordination, and other recovery tools helps people achieve happier, healthier lives.

#### **CUSTOMIZED TO YOU**

Recovery looks different for each individual. What matters to you is what matters to Boulder Care. There are no penalties for missed visits, returning to use, or using other substances—they're there to support you and help you work towards your goals.

#### **GET STARTED**

You can find more information or chat with a member of the Boulder team at <u>www.boulder.care/regence</u> or call at (866) 347-9635. If you're ready to get started, you can enroll and schedule your first visit at <u>www.boulder.care/</u><u>enroll</u>.

## Quit for Life (NU/U)

When you quit tobacco, you're putting your health first. Quit For Life® has helped 5.9 million members quit — for good. Quit For Life is available at \$0 out-of-pocket and is a 6-8 week program including 1 on 1 coaching support, group support and Nicotine Replacement Therapy (NRT) products to help you manage cravings and double your chances of quitting for good.

## Carrot (NU) REGENCE ENROLLMENT NOT REQUIRED:

Tillamook provides all full-time non-union employees with a combined \$10,000 annual benefit, up to \$20,000 lifetime for inclusive fertility, hormonal health, and family-forming benefits (taxes may apply) with Carrot.

#### **FAMILY PLANNING**

Please see page 8 for details on the family planning benefits provided by Carrot.

### **MENOPAUSE COVERAGE**

Covers many expenses that are not covered by health insurance including:

- Hormonal & non-hormonal treatments
- Supplements to aid with hot flashes
- Nutritional counseling by a registered dietitian
- Advanced temperature regulation equipment such as wearable devices

### LOW TESTOSTERONE COVERAGE

Covers many expenses that are not covered by health insurance including:

- Hormonal treatment of low T symptoms
- Non-hormonal treatment of low T symptoms related to fertility
- Nutritional counseling by a registered dietitian

Sign up at <u>get-carrot.com/signup.</u> Learn more about the funds available to you, by creating an account at support@get-carrot.com.

# FAMILY PLANNING BENEFITS

# Family Forming Support with Carrot (NU)

Carrot offers fertility and family-forming benefits supporting employees on their parenthood journey. With Carrot, Tillamook provides a combined \$10,000 annual benefit, up to \$20,000 lifetime, to help pay for fertility care or adoption expenses (taxes may apply), and hormonal health. Carrot is not health insurance, it's a benefit that provides resources to make family forming more accessible to everyone. Through Carrot, a dedicated Care Team will help guide your journey and provide peace of mind every step of the way.

### **YOUR CARROT BENEFIT INCLUDES**

- Access to a personalized Carrot Plan to guide you through every step of your family-forming journey.
- One-on-one consultations with navigation experts for guidance and support, including helping plan your journey, connecting you to experts, sharing information on providers in your area, and scheduling appointments.
- Unlimited, free virtual visits with Carrot's team of family-forming experts, including reproductive endocrinologists, urologists, adoption experts, doulas, midwives, mental health professionals, and more.
- Access to expert-produced educational resources.
- At-home support through Carrot's telehealth platform and partners, including discounted access to the Ava bracelet, a clinically backed ovulation tracking tool that helps people get pregnant faster, and Legacy, a digital fertility clinic.
- Carrot Rx<sup>®</sup>, a premium pharmacy experience that offers significant savings on fertility medications, easy ordering, and virtual clinician support anytime, day or night.
- Exclusive discounts and expedited appointments at top clinics and agencies.
- Fast, worry-free reimbursements—pay out-of-pocket at time of service, then upload a photo of your itemized bill to Carrot to get reimbursed.

We want to support everyone on the path to parenthood and through pregnancy. Sign up today to access your employer-sponsored funds and explore all the resources your Carrot membership has to offer.

Sign up at <u>get-carrot.com/signup.</u> Learn more about the funds available to you, by creating an account at support@get-carrot.com.

### **REGENCE PREGNANCY PROGRAM**

We want you to have the healthiest pregnancy possible. That's why we offer the Regence Pregnancy Program.

- Access to a personalized Carrot Plan to guide you through every step of your family-forming journey
- Regular updates about what to expect during your pregnancy and at your prenatal appointments
- Expert information about nutrition, breastfeeding and common pregnancy concerns
- Tips for enjoying those first few weeks home with baby
- Access to a nurse by telephone 24/7
- Regular contact from an assigned program nurse (if high-risk)

Sign up at the beginning of your pregnancy to get the most out of the Regence Pregnancy Program.

Visit your Regence dashboard or download the Regence Pregnancy Program App on your mobile device to get started.

## **Paid Parental Leave**

TCCA genuinely cares for our employees and their family members, and we understand welcoming a new child is one of life's most precious moments.

TCCA provides up to six weeks of Paid Parental Leave to all FT employees following the birth of their child or the placement of a child with an employee in connection with adoption or foster care. This policy will run concurrently with Oregon Family Leave Act (OFLA), Family Medical Leave Act (FMLA) and other state leave programs as applicable.

In order to be eligible for this benefit, you must be a full time employee and must be employed by TCCA for at least 6 months prior. In addition, employees must be either the birth mother, or a spouse or committed partner of the birthmother; or have adopted a child or have been placed with a foster child (in either case, the child must be age 17 or younger).

Many more details about this benefit can be found in the Paid Parental Leave Policy, which can be found on MyTillamook.

To apply for Paid Parental leave please contact the Leave of Absence Team at (503) 815-6761.

## **Care@Work**

All full-time employees have free access to care.com to find caregivers for your whole family and pets! <u>Care.com</u> uses CareCheck to help maintain a safe community. All caregivers are required to complete an enhanced screening annually. To activate your account, visit Tillamook.Care. com. If you have questions about this benefit please contact <u>Care.com</u> or careteam@care.com.

# **DENTAL (NU)**

DELTA DENTAL PLAN FEATURES-OPTION 1	IN-NETWORK	OUT-OF-NETWORK	
Calendar Year Maximum Benefit	\$3,000		
Deductible (Waived for Preventive)	\$25 individual, \$75 family		
Preventive (Exams, Cleanings, X-Rays)*	0%		
Basic (Fillings, Root Canals, Periodontal, Oral Surgery)	10% 10%		
Majors (Gold and Porcelain Fillings/Crowns, Bridgework/Dentures)	40% 40%		
Orthodontia (Children and Adults)	50% to \$1,500 lifetime max		

\*Individual Oral Exam Visit Maximum: 4 per calendar year. Individual Dental Preventive Cleanings: 2 per calendar year. Individual X-rays Unit Maximum: 2 per calendar year. Preventive Services will not reduce the annual maximum benefit.

WILLAMETTE DENTAL GROUP PLAN FEATURES – OPTION 2 All Services Must be Provided by Willamette Dental Group Provider - located in Oregon, Washington & Idaho					
Annual Maximum / Deductible		No annual maximum / No deductible			
General Office Visit		You Pay \$ <sup>-</sup>	15 per visit		
Diagnostic and Preventive Services	s				
Routine and Emergency Exams; X-Ra Head and Neck Cancer Screening; O					
Restorative D	entistry	Oral S	urgery		
Fillings (Amalgam)	Covered with office copay	Routine Extraction	Covered with office copay		
Fillings (Composite/Tooth Colored)	Covered with office copay	(Single Tooth)			
Porcelain/Metal Crown	You pay a \$175 copay	Surgical Extraction	You pay a \$50 copay		
Prosthodo	ntics	Orthodontia Treatment			
Complete Upper and Lower Denture	You pay a \$300 copay	Pre-orthodontia Treatment	You pay a \$150 copay*		
Bridge (Per Tooth)	You pay a \$175	Comprehensive Orthodontia Treatment (Traditional)	You pay a \$1,500 copay		
Dental Implant Discount of \$1500, per tooth, per member, per year		Invisalign <sup>®</sup> Option	You pay a \$1,500 copay plus an up-charge		
Endodontics and Periodontics					
Root Canal Therapy (Anterior/Bicusp	oid/Molar)	You pay a \$100/\$125/\$150 copay			
Osseous surgery (Per Quadrant)		You pay a \$250 copay			
Root Planing (Per Quadrant)		You pay a \$75 copay			
Miscellaneous					
Local Anesthesia; Dental Lab Fees		Covered with the office copay			
Nitrous Oxide		Уои рау а \$40 сорау			
Implants		\$1,500 annual benefit, per member			
Specialty Office Visit		You pay a \$30 copay per visit			
Out of Area Emergency Care Reimbursement		You pay charges in excess of \$100			

\*Copayment credited towards the comprehensive orthodontic service copayment if the patient accepts treatment plan. **Underwritten by Willamette Dental Insurance, Inc.** This plan provides extensive coverage of services and supplies to prevent, diagnose, and treat diseases or conditions of the teeth and supporting tissues. Presented are just some of the most common procedures covered in your plan.

# MEDICAL (U)

## **Teamsters Only**

Oregon Processors Employee Trust (OPET) and Oregon Teamsters Employee Trust (OTET) provide the following benefits at a current cost to employees of \$238.53 per month (2024 rates). The Plan documents supersede any information contained in this summary. For plan documents, enrollment information, insurance cards, etc. please contact your benefits administrator at the Trust. See your Plan document to review important preadmission rules. Enrollment in the union health plan is managed by William C. Earhart Co., not TCCA. As stated in your CBA, you must work a minimum of 80 hours to earn benefits for the following month. You are unable to waive this coverage.

RM5A MEDICAL PLAN (AETNA) - TEAMSTERS		
Annual Maximum Medical Benefits	No Annual Maximum will apply	
Calendar Year Deductible	You pay \$300 per covered person, \$600 per family	
Basic Out of Pocket Cost Per Year	Each covered person must pay out of pocket each calendar year the individual deductible of \$300 plus coinsurance equal to 10% of the first \$5,000 of covered expenses (\$500) or a total of \$800. Thereafter, the Plan would pay 100% of covered expenses subject to plan limits, maximum allowable charge (MAC), and further copayments.	
Benefit Percentage Payable	The Plan pays 90% of the first \$5,000 of covered expenses and covered supplies for each covered person per calendar year in excess of the deductibles. Then the plan will pay 100% of the covered expenses and covered services for the remainder of the calendar year. All benefits are subject to the MAC.	
Deductible Carryover Provision	Covered expenses incurred in the last three months of the calendar year may be applied toward the next year's individual deductible.	
Physician Services		
Physician Office Calls, Inpatient Visits	90% of MAC	
Diagnostic X-Ray and Laboratory Services	90% of MAC	
Hospital Services		
See Plan Document for Covered Benefits (Preadmission review required)	90% of MAC	
Emergency Services		
Medical Emergency Room Deductible	\$150 per visit for each covered person who elects to receive treatment in an emergency room when the condition is not a medical emergency and it occurs prior to 5:00 pm on a weekday. Does not apply if covered person is subsequently admitted to hospital as inpatient.	
Alternative Care		
Chiropractic (12 Visits Per Calendar Year)	See plan document	
Pharmacy Benefits		
Prescription Drug Annual Deductible	See plan document	
Prescription Drug Out of Pocket Maximum	See Plan document	
Generic / Preferred Brand Name / Specialty Drugs	\$10 copay (Plan pays 80% for non-preferred provider)	

<sup>\*</sup>As stated in the plan document, when a non-preferred provider or facility is used, the Plan will base it's benefits in accordance with the MAC determined by the Administrative Office. You may have more out of pocket expenses when the provider of services is not a preferred provider.

Out of Network refers to medical providers and facilities who do not participate in the Aetna Choice POS II Network. To determine if a provider is a Preferred Provider, visit www.aetna.com/docfind, or call the Administrative Office toll-free at (877) 396-2916.

This summary should be used for reference only. Be sure to refer to your Plan documents for current coverage details available to you by the union.

# VISION (U)

## **Teamsters Only**

Oregon Processors Employee Trust (OPET) and Oregon Teamsters Employee Trust (OTET) provide the vision benefits through the VSP network. The Plan documents supersede any information contained in this summary. For plan documents, enrollment information, insurance cards, etc. please contact your benefits administrator at the Trust. Enrollment in the union vision plan is managed by William C. Earhart Co., not TCCA. As stated in your CBA, you must work a minimum of 80 hours to earn benefits for the following month. You are unable to waive this coverage.

BENEFIT	DESCRIPTION	IN-NETWORK COPAY	OUT OF NETWORK COVERAGE	FREQUENCY	
Well Vision Exam	Focuses on your eyes and overall wellness	\$10	Up to \$45	Every service year	
Prescription Glasses	Prescription Glasses	\$25	Up to \$70	See frame and lenses	
Frame	<ul> <li>\$120 allowance for a wide selection of frames</li> <li>\$140 allowance for featured frame brands</li> <li>20% savings on the amount over your allowance</li> <li>\$70 Costco Optical</li> </ul>	Included in prescription glasses	Included in prescription glasses	Every service year	
Lenses	<ul> <li>Single vision, lined bifocal, and lined trifocal lenses</li> <li>Polycarbonate lenses for dependent children</li> </ul>	Included in prescription glasses	Single vision: up to \$50 Lined bifocal: up to \$50 Lined trifocal: up to \$65	Every service year	
Lens Enhancements (Average savings of 20-25% on other lenses enhancements)	<ul> <li>Standard progressive lenses</li> <li>Premium progressive lenses</li> <li>Custom progressive lenses</li> </ul>	• \$0 • \$95-\$105 • \$150-\$175	Progressive lenses: up to \$50	Every service year	
Contacts (instead of glasses)	<ul> <li>\$120 allowance for contact; copay does not apply</li> <li>Contact lens exam (fitting and eval- uation)</li> </ul>	Up to \$60	Up to \$105	Every service year	
Diabetic Eyecare Plus Program	Services related to diabetic eye disease, glaucoma, and age-related macular degeneration (AMD). Retinal screening for eligible members with diabetes. Limitations and coordination with medical coverage may apply. Ask your VSP doctor for details	\$20	Contact VSP	As needed	
Extra Savings					
Glasses & Sunglasses	<ul> <li>Extra \$20 to spend on featured frame brands. Go to vsp.com/offers for details</li> <li>20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision exam</li> </ul>				
Retinal Screening	• No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam				
Laser Vision Correction	• Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities				

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# **DENTAL (U)**

## **Oregon Processors Employee Trust (OPET)**

At all times, refer to the plan document provided by your union to determine your coverage. This page is meant to act as a summary of your coverage.

**Note:** Union Employees are unable to waive coverage. Coverage will begin the first of the month following 90 days of employment. Premiums begin the first of the month following 60 days of coverage.

DENTAL PLAN FEATURES	BENEFIT AMOUNT
Basic and Prosthetic Services Annual Maximum Part A & Part B	\$1,000
Covered Expense for all other Covered Dental Services (Part A Covered Dental Services) During the first Calendar Year in which the Covered Person is covered, under this benefit	75%
Covered Expense during the second Calendar Year in which the Covered Person is covered, provided basic Dental Services were used during the preceding Calendar Year	85%
Covered Expense during the third Calendar Year in which the Covered Person is Covered, provided basic Covered Dental Services were used during the two preceding Calendar Years	95%
Part A: • Oral Examination - no more than 2 per year (see plan document for details) • Periapical and bitewing x-rays as required • Topical fluoride application under age 19 • Prophylaxis, including cleaning, scaling and polishing • Repair of dentures and bridges • Palliative emergency treatment • Fillings consisting of silver alloy, silicate and plastic • Extractions • Endodontics, including pulpotomy, pulp capping and root canal • Space maintainers • Oral surgery (see plan booklet for specific coverage details) • Apicoectomy • Periodontic Services (see plan booklet for specific coverage details)	As Shown Above: 75%/85%/95% See Plan Document for Details
Part B: • Prosthetic Services • Inlays, crowns, bridges • Dentures (fixed and removable)	70%
Lifetime Maximum on Orthodontic Services	\$1,000
Part C: • Orthodontic Devices	70%

See plan document for a list of exclusions and limitations that this plan does not pay expenses for.

See plan document for additional information including "Claims Procedures", "Pretreatment Estimates", "Covered Dental Expenses", "Usual and Customary Charges" and "Reasonable Charge".



We genuinely care about your total well-being.

# FSA (NU/U)

## 2025 Health FSA and Dependent Care Account

**HealthEquity** administers our Section 125 Flex Plan. By participating in the Flex Plan, you can pay for health and dependent care expenses with pre-tax dollars. FSA plan contributions can include:

- Health Care Account: \$3,300 max
- Dependent Care Account: \$5,000 max

**Important:** <u>Re-enrollment is not automatic! To</u> <u>participate in this program each year, enrollment needs</u> <u>to be completed annually</u>. Enrollment will be done during the online Open Enrollment session.

By anticipating your family's health care and dependent care costs for the next plan year, you can actually lower your taxable income.

#### It is important that you carefully and conservatively determine how much to annually contribute to your FSA, because:

- You must incur expenses during the plan year. Expenses incurred outside the plan year will not be reimbursed.
- The IRS does not recognize domestic partners or their children as tax dependents and therefore aren't eligible to use pre-tax dollars for FSA medical or dependent care accounts.
- The plan year begins January 1 and ends on December 31 of each year. However, TCCA's FSA plan includes a 2 ½ month grace period (ending March 15) to incur expenses. All eligible claims must be submitted to HealthEquity by June 15, 2026 for reimbursement.
- You cannot be reimbursed for funds remaining at the end of the plan year grace period. "Use it or lose it."
- You cannot change your annual contribution amount during the plan year except for certain changes in your family status.
- Employees who are enrolled in the HSA are not eligible to participate in the Flexible Spending Plan.

### **HOW DO FSA'S WORK?**

If you decide to enroll in the Health Care FSA or Dependent Care FSA, your contributions are taken out of each paycheck—before taxes—in equal installments throughout the plan year. These dollars are placed into your FSA into separate accounts (Health Care/Dependent Care). The Health Care FSA reimburses you for the full amount of your annual election (less any reimbursement already received), at any time during the plan year, regardless of the amount in your account. The Dependent Care FSA only reimburses you for the amount that is in your account at the time you make a claim. You may submit requests for reimbursement at any time during the year, and have until 90 days after the end of the plan year to make requests.

#### **HEALTH CARE FSA**

This account enables you to use pre-tax dollars to pay for certain IRS-approved unreimbursed health-related expenses. An example of these health-related expenses are deductibles, copays, and coinsurance.

**Please note:** The Patient Protection and Affordable Care Act limits your salary reduction contribution to Health Care FSAs each year.

#### **FSA DEBIT CARD**

Participants are eligible for a flexible spending debit card. The debit card can be used to pay for out-of-pocket costs for eligible medical, dental, and vision expenses for you and your qualifying dependents. Although using the debit card can limit the number of receipts that you may need to submit to HealthEquity, HealthEquity may still require submission of receipts on certain claims. It is always good to keep your receipts in a safe place.

#### DEPENDENT CARE REIMBURSEMENT ACCOUNT (DCRA) W/ TCCA SUBSIDY

This account enables you to use pre-tax dollars toward qualified dependent care. The annual maximum amount you may contribute to the DCRA per plan year is \$5,000 or \$2,500 if married but filing taxes separately. **TCCA will contribute \$2,500 to your DCRA** pro-rated for mid-year enrollees). Annual minimum employee contribution is \$1,000.

#### **ELIGIBLE EXPENSES**

If you elect to contribute to the DCRA, you may be reimbursed for:

- The cost of child or adult dependent care
- The cost of an individual to provide care either in or out of your house
- Nursery schools and preschools (excluding kindergarten)

For these services to be eligible, they must be for the care of a tax-dependent child under the age of 13 who lives with you; or a tax-dependent parent, spouse or child who lives with you and is incapable of caring for themselves. The care must be needed so that you and your spouse can go to work or attend school full-time. Care must be given during normal working hours—Saturday night babysitting does not qualify—and care cannot be provided by another of your dependents.

# Health Equity<sup>®</sup>

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# HSA (NU)

## **Health Savings Account**

If you participate in the HDHP medical plan, you can set aside money in an HSA on a pre-tax basis to pay for eligible medical, dental and vision expenses. An HSA is similar to a flexible spending account in that you are eligible to pay for health care expenses with pre-tax dollars, however, there are several other advantages with an HSA:

- Unused money in an HSA account is not forfeited at the end of the year and is carried forward.
- Your HSA account is yours to keep and take with you if you leave the company, including employer contributions!
- Once your account has reached a certain balance, it can be invested in mutual funds similar to a 401(k) plan.
- If you have money remaining in the account after you retire, you may withdraw the money as cash.

### **ELIGIBILITY RULES**

Employees who elect the HDHP medical plan will be set up with an HSA account through HealthEquity. To be eligible to open and contribute to an HSA you must be:

- Enrolled in the Regence HDHP plan option.
- Not covered by any other health plan or insurance (unless it is another HDHP plan).
- Not enrolled in Medicare.
- Not claimed as a dependent on another individual's tax return.
- Not enrolled in another type of pre-tax healthcare

benefit accounts, such as a Healthcare Flexible Spending Account (FSA) or a Health Reimbursement Arrangement (HRA). This includes being enrolled in your spouse's Healthcare FSA or HRA. Participation in a Limited Purpose FSA is allowed.

- Have not received Veterans Administration (VA) benefits within the past three months.
- Not receiving Social Security Income.

### **EMPLOYER CONTRIBUTIONS**

Tillamook will automatically make monthly contributions to your account based on your medical plan enrollment as follows:

- Employee Only: \$62.50 per month (\$750 annual)
- Employee/Spouse: \$125.00 per month (\$1,500 annual)
- Employee/Child(ren): \$125.00 per month (\$1,500 annual)
- Employee/Family: \$125.00 per month (\$1,500 annual)

In addition to the monthly contribution from Tillamook, you may also make pre-tax payroll contributions to your account up to IRS maximums.

The total calendar year contributions for 2025 cannot exceed \$4,300 if enrolled in the HDHP as Employee Only or \$8,550 if enrolled as Employee with one or more dependents including any HSA contributions from Tillamook, as those count towards your annual max. If you are age 55 and older, there is a \$1,000 catch-up contribution per year available.

## **Limited Purpose FSA**

This account enables you to use pre-tax dollars to pay for certain IRS-approved Dental and Vision related expenses. The LPFSA can be elected by HDHP plan members or those who have an HSA through a spouse.

Medical expenses are excluded from the LPFSA.

Note that while you can cover your domestic partner on your medical benefits, the IRS does not recognize domestic partners or the children of domestic partners as tax dependents.

## Domestic Partners & FSA/ HSA Accounts

Note that while you can cover your domestic partner on your medical benefits, the IRS does not recognize domestic partners or the children of domestic partners as tax dependents.

**FSA:** Domestic partners and their children aren't eligible for pre-tax dollars for FSA medical or dependent care accounts.

**HSA:** Domestic partners can be covered on the HDHP Plan, however they would not be eligible to use HSA funds. The domestic partner could establish their own HSA at a bank of their choosing.

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# LIFE INSURANCE BENEFITS

## **Non-Union**

### **UNUM LIFE/DISABILITY**

TCCA provides employer-funded Basic Life and Accidental Death and Dismemberment (AD&D) insurance to all non union benefit-eligible employees in the amount of 1.5 times your annual base earnings up to \$300,000, unless specified otherwise, through UNUM. This plan pays your beneficiary a specified benefit in the event of your death. Beneficiary designation changes can be made at any time during the year by accessing Life Events on MyTillamook.

### SHORT TERM DISABILITY (STD)

TCCA provides STD coverage through UNUM. Coverage provides a benefit of 66 2/3% of your base weekly income. There is a 7-day waiting period for an illness before benefits begin and no waiting period for accident. Benefits are payable for a maximum of 25 weeks for illness and 26 weeks for an accident. Within the first 12 months of coverage, pre-existing conditions exclusions could apply. Coordination of benefit rules apply when on a paid leave.

### LONG TERM DISABILITY (LTD)

TCCA provides LTD coverage through UNUM. Coverage provides 50% of your base monthly income up to \$10,000. There is a 180-day elimination or waiting period before

benefits begin, and benefits are payable up to age 65. Benefit-eligible employees only pay the tax on the monthly premium cost of this benefit. Within the first 12 months of coverage, pre-existing conditions exclusions could apply.

## Union

Life insurance benefits-provided by your union.

### LIFE INSURANCE

\$5,000 benefit. Contact WC Earhart to assign your beneficiary.

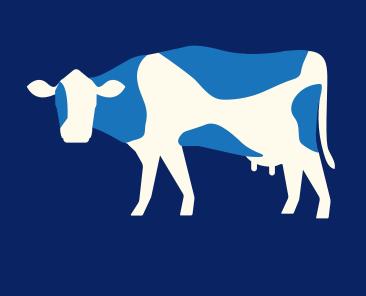
### **ACCIDENTAL DEATH AND DISMEMBERMENT**

\$5,000 benefit for accidental death. Benefits are also paid in case of dismemberment. Contact WC Earhart to assign your beneficiary.

### **SHORT TERM DISABILITY (STD)**

Please see your plan booklet for specific details on qualified reasons for STD benefits.

There is no waiting period for an accidental injury. For an illness, benefits begin on the eighth calendar day. The weekly indemnity benefit for the first 13 weeks of disability is \$150. The weekly indemnity benefit for the next 13 weeks of disability is \$175. The maximum benefit period is 26 weeks of total disability. This benefit is paid directly to you by the trust.



# **GOOD STEWARDS**

Choosing to do the long-term right thing for our farmers, employees, consumers, communities, environment, and our brand.

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# LIFE INSURANCE BENEFITS (NU/U)

## Voluntary Life & AD&D Insurance

These plans offer benefit-eligible employees the opportunity to purchase additional coverage in increments of \$10,000 up to \$500,000 on yourself, increments of \$5,000 up to \$500,000 on your spouse or domestic partner, increments of \$2,000 up to \$20,000 on your dependent children. Please note that your dependents may not have more coverage than you. If a qualifying event does not exist, you will be required to complete an evidence of insurability questionnaire with UNUM. **During your initial eligibility period, you can enroll in voluntary life coverage up to \$180,000 for yourself, \$30,000 for your spouse/domestic partner, and \$20,000 for your children with no medical questions asked.** 

EMPLOY	EE MONTHLY RATE	SPOUSE/DP MONTHLY RATE	
Age	Cost per \$10,000 of Coverage	Cost per \$5,000 of Coverage	
15-24	\$0.60	\$0.30	
25-29	\$0.60	\$0.30	Calculate
30-34	\$0.80	\$0.40	Your Costs
35-39	\$1.00	\$0.50	1. Enter the coverage
40–44	\$1.50	\$0.75	amount you want. 2. Divide by the
45-49	\$2.30	\$1.15	coverage amount.
50-54	\$3.80	\$1.90	3. Multiply by the rate determined by age.
55-59	\$6.70	\$3.35	4. Enter your cost.
60-64	\$7.70	\$3.85	
65-69	\$16.90	\$8.45	
70+	\$20.60	\$10.30	

	ELECTION AMOUNT	÷ COST PER \$ OF COVERAGE	RATE BY AGE	<b>YOUR COST</b>
Employee	\$,000	÷ \$10,000 = \$	x \$	= \$
Spouse/Domestic Partner	\$,000	÷ \$5,000 = \$	x \$	= \$

## Voluntary Accidental Death and Dismemberment (AD&D) Insurance

This benefit covers the accidental death or dismemberment of the insured individual. Employees, spouses, or domestic partners, and children under the age of 26 are eligible to be enrolled. Please note your dependents may not have more coverage than you. There is no evidence of insurability requirement.

AD&D MONTHLY RATES			
Who's Covered Coverage Amount Rate			
Employee	per \$10,000	\$0.45	
Spouse/DP	per \$5,000	\$0.27	
Child	per \$2,000	\$0.11	

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# **VOLUNTARY BENEFITS (NU/U)**

## What's Unique About UNUM Voluntary Benefits?

- Benefit payments made directly to YOU, the employee!
- Premium conveniently payroll-deducted on a post-tax basis for a tax-free benefit.
- All plans are portable—if you leave the company, you can keep these benefits!
- Family coverage is available in all plans listed below.
- You can enroll during open enrollment or when you experience a qualified life event during the year, but you may cancel these plans at any time.

## **Accident Coverage**

Accident coverage provides protection for employees and their families. It can help to lessen the financial impact of out-of-pocket medical costs related to a covered accident that occurs on or off the job. The plan pays a lump-sum benefit based on the type of injury sustained and the treatment needed.

## Pays benefits for 50+ covered injuries and treatments, including: ER visits, broken bones, burns, knee ligaments,

follow up visits, dislocations, and emergency dental.

MONTHLY PREMIUM	
Employee	\$9.44
Employee + Spouse/DP	\$16.55
Employee + Child	\$23.53
Family (EE, SP, DP, CH)	\$30.64

## **Hospital Indemnity**

Pays based on hospital admission and length of stay and is HSA compatible. The benefit covers hospital stays due to accidents, sicknesses, or childbirth and the money is payable directly to the employee to use however they choose. There is a lump-sum benefit for hospital admissions as well as daily confinement. Spouse and child coverage available.

#### **BENEFIT COVERAGES**

- Hospital admission \$1,500 per insured, paid once a year
- Daily Hospital Confinement \$100 per day to a maximum of 60 days per year
- Hospital Intensive Care Unit Confinement \$200 per day to a maximum of 15 days per calendar year

#### **PLAN FEATURES**

- Family coverage option available
- Guaranteed issue coverage no medical questions!
- 12/12 pre-existing condition limitation
- 9 month maternity limitation
- Portability included
- Premiums never increase

#### **\$50 WELLNESS BENEFIT: HOW IT WORKS**

It's a yearly benefit, \$50 payable directly to the employee for one covered health screening per year, per covered individual. Common covered tests include blood test for triglycerides, serum cholesterol tests, fasting blood glucose tests, mammograms, colonoscopies, pap smears.

MONTHLY PREMIUM		
Employee	\$14.66	
Employee + Spouse/DP	\$32.51	
Employee + Child	\$21.60	
Family (EE, SP, DP, CH)	\$39.45	



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## **Critical Illness**

Pays a lump sum based on a critical diagnosis.

### **BENEFIT HIGHLIGHTS**

- Can pay a set amount when a person is diagnosed with a covered serious condition, such as heart attack, stroke, organ failure, and more
- Money is payable directly to employees to use however they choose
- Child coverage included with employee coverage, spouse coverage available
- Benefit payable for each condition

### **PLAN FEATURES**

- Portability included
- Re-occurrence benefit 100%
- No benefit reduction
- 12/12 pre-existing condition limitation

### **\$75 WELLNESS BENEFIT**

A yearly benefit of \$75 payable directly to the employee for one covered health screening per year, per covered individual. Visit the Well-being page for full details of this plan, including monthly rates.

### **COVERED CONDITIONS**

- Coronary Artery Disease Major (50%)
- End-stage Renal Failure (100%)
- Heart Attack (100%)
- Major Organ Failure Requiring Transplant (100%)
  Stroke (100%)
- Invasive Cancer (including Breast Cancer) (100%)
- Non-Invasive Cancer (25%)
- Skin Cancer (\$500)
- Benign Brain Tumor
- Loss of Hearing, Sight or Speech
- Infectious Disease (25%)
- Amyotrophic Lateral Sclerosis (ALS)
- Dementia (including Alzheimer's)
- Multiple Sclerosis
- Parkinson's Disease

### **CHILDREN COVERED CONDITIONS**

- Cerebral Palsy (100%)
- Cleft Lip or Palate (100%)
- Cystic Fibrosis (100%)
- Down Syndrome (100%)



Claim forms for these benefits can be found on the Well-Being page.

Claims can also be filed over the phone. (800) 635-5597

MONTHLY CRITICAL ILLNESS ATTAINED AGE (Employee/Employee + Child Rates)

Age	\$10,000	\$20,000	\$30,000
<25	\$4.31	\$5.51	\$6.71
25–29	\$4.91	\$6.71	\$8.51
30–34	\$5.91	\$8.71	\$11.51
35–39	\$7.31	\$11.51	\$15.71
40–44	\$9.51	\$15.91	\$22.31
45-49	\$13.01	\$22.91	\$32.81
50-54	\$18.31	\$33.51	\$48.71
55–59	\$25.11	\$47.11	\$69.11
60–64	\$35.71	\$68.31	\$100.91
65–69	\$51.51	\$99.91	\$148.31
70–74	\$76.51	\$149.91	\$223.31
75–79	\$106.81	\$210.51	\$314.21
80-84	\$147.91	\$292.71	\$437.51
85+	\$233.21	\$463.31	\$693.41

MONTHLY CRITICAL ILLNESS ATTAINED AGE (Spouse/DP Rates, 50% of EE Amount)

Age	\$5,000	\$10,000	\$15,000
<25	\$3.71	\$4.31	\$4.91
25–29	\$4.01	\$4.91	\$5.81
30–34	\$4.51	\$5.91	\$7.31
35–39	\$5.21	\$7.31	\$9.41
40–44	\$6.31	\$9.51	\$12.71
45-49	\$8.06	\$13.01	\$17.96
50-54	\$10.71	\$18.31	\$25.91
55–59	\$14.11	\$25.11	\$36.11
60–64	\$19.41	\$35.71	\$52.01
65–69	\$27.31	\$51.51	\$75.71
70–74	\$39.81	\$76.51	\$113.21
75–79	\$54.96	\$106.81	\$158.66
80–84	\$75.51	\$147.91	\$220.31
85+	\$118.16	\$233.21	\$348.23

# **VOLUNTARY BENEFITS (**NU/U)

Enrollment in these plans is always open, and changes to your coverage can be made at any time.

## **Legal Shield**

Provides legal advice and consultations. Dedicated Law Firm Direct access, no call center.

- Legal Advice/Consultation on unlimited personal issues
- Letters/Calls made on your behalf
- Contracts/Documents Reviewed up to 15 pages each
- Residential Loan Document Assistance for the purchase of your primary residence
- Will Preparation—Living Will, Health Care Power of Attorney, Financial Power of Attorney
- Speeding Ticket Assistance Upload your speeding ticket from the mobile app directly to law firm
- IRS Audit Assistance (begins with the tax return due April 15th of the year you enroll)
- Trial Defense (if named defendant/respondent in a covered civil action suit)
- Uncontested Divorce, Separation, Adoption and/or Name Change Representation (available 90 days after enrollment)
- 25% Preferred Member Discount (bankruptcy, criminal charges, DUI, personal injury, etc.)
- 24/7 Emergency Access for covered situations

### LEGAL SHIELD MEMBER PERKS

Members of LegalShield plans are able to take advantage of many perks throughout the year at various retailers! Costco, Samsung, Target, Sprint, HP, Holiday Inn, Great Wolf Lodge, and Budget car rentals are just a few of them! Be sure to sign up for their email list as new offers may be available through the year.

# 🛡 LegalShield®

PLAN	INDIVIDUAL	<b>EMPLOYEE</b> + FAMILY (Bi-Weekly)
LegalShield	\$11.05	\$11.05
IDShield	\$4.13	\$8.75
Combined	\$15.18	\$17.95

## **Identity Shield**

Provides credit monitoring and identity theft restoration.

- 1 Bureau Credit Monitoring from TransUnion with activity alerts
- High Risk Application and Transaction Monitoring detects fraud up to 90 days earlier than traditional credit monitoring services. Your accounts, reorders, loans and more are carefully watched
- Social Media Monitoring for privacy and reputational risks
- Credit Inquiry Alerts when your Personally Identifiable Information (PII) is used to apply for bank/credit cards, utilities or rentals, and many other types of loans
- Consultation on any cyber security question
- \$1 Million Protection Policy coverage for lost wages, legal defense fees, stolen funds and more
- Unlimited Service Guarantee ensures that Identity Shield won't give up until your identity is restored!
- Identity Restoration performed by Licensed Private Investigators to restore your identity to its pretheft status
- 24/7 Emergency Access in the event of an identity theft emergency

# DShield

## **PLAY TO WIN**

Adopting a challenger mindset, innovating, never backing down, and confidently pursuing growth without compromising our values or bold mission.

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# **VOLUNTARY BENEFITS (NU/U)**

## **Nationwide Pet Insurance**

Nationwide Pet Insurance helps you cover veterinary expenses so you can provide your pets with the best care possible without worrying about the cost. Simply pay for coverage through a convenient after-tax payroll deduction.

### **MY PET PROTECTION COVERAGE HIGHLIGHTS:**

We offer a choice of reimbursement options so you can find coverage that fits your budget. All plans have a \$250 annual deductible and \$7,500 maximum annual benefit.

#### **Coverage includes\*:**

- Accidents
- Illnesses
- Hereditary and congenital conditions
- Cancer
- Dental diseases
- Behavioral treatments
- Rx therapeutic diets and supplements
- And more...

#### Plus, every My Pet Protection policy includes these additional benefits to maximize your value:

- Lost pet advertising and reward expense
- Emergency boarding
- Loss due to theft
- Mortality benefit

#### **VET HELPLINE**

- 24/7 access to veterinary experts (\$110 value)
- Available via phone, chat and email
- Unlimited help for everything from general pet questions to identifying urgent care needs

### **PET RX EXPRESS**

- Save time and money by filling pet prescriptions at participating in-store retail pharmacies across the U.S.
- Rx claims submitted directly to Nationwide
- More than 4,700 pharmacy locations

### **ADDITIONAL HIGHLIGHTS**

- We cover exotic pets including rabbits, birds & reptiles
- Exclusive product for employer groups only
- Preferred pricing for employees
- Multiple-pet discounts
- Guaranteed issuance

### Get a quote at https://unum.petinsurance.com/pet/tcca or call (844) 208-1105

\*Some exclusions may apply. Certain coverages may be excluded due to pre-existing conditions. See policy documents for a complete list of exclusions.

Products underwritten by Veterinary Pet Insurance Company (CA), Columbus, OH; National Casualty Company (all other states), Columbus, OH. Agency of Record: DVM Insurance Agency. All are subsidiaries of Nationwide Mutual Insurance Company. Subject to underwriting guidelines, review and approval. Products and discounts not available to all persons in all states. Insurance terms, definitions and explanations are intended for informational purposes only and do not in any way replace or modify the definitions and information contained in individual insurance contracts, policies or declaration pages, which are controlling. Nationwide, the Nationwide N and Eagle, vethelpline, and Nationwide is on your side are service marks of Nationwide Mutual Insurance Company. ©2022 Nationwide. 22GRP8677

# RETIREMENT BENEFITS

TCCA and The Standard have established 401(k) plans for eligible employees to help provide for their financial security at retirement. This plan allows you to save for retirement through payroll deductions. A wide range of investments are offered as well as offering Traditional and Roth contributions. The IRS sets the annual individual contribution limits. The individual limit must be applied across all 401(k) plans. **If you contribute to more than one 401(k) plan in a year, notify benefits@tillamook. com to ensure you don't exceed your annual IRS individual limit.** 

**Traditional 401(k)** contributions are made on a pre-tax basis, thus reducing your current taxable income. Your contributions and earnings grow on a tax-deferred basis and will be taxable upon distribution.

**Roth 401(k)** contributions allow you to contribute to your retirement account on an after-tax basis. Earnings on Roth contributions will be tax-free upon withdrawal if certain conditions are satisfied.

Important! Assigning a beneficiary to your retirement plan: Log into your account at <u>standard.com</u> to assign or make changes to your beneficiary designation. Please note that all plan changes must be done online. If you aren't participating, enroll today at <u>standard.com!</u>

## **Retirement Benefits for Non-Union Employees**

Full-time non-union employees ages 18 and over will be auto enrolled in the plan the first of the month following two months of service and will receive an employer **Safe Harbor match of 100% of the first 6%** that they contribute from their paycheck. Employee deferrals and Safe Harbor matching funds vest immediately. This benefit is enhanced by the Plan's **true-up feature** that ensures you get the maximum matching funds.

Additionally, based on the annual financial performance of the company, eligible employees will receive a lump sum Profit Sharing contribution the following year. **Profit Sharing** contributions will be based on the financial performance of the company for the previous year, with a target of 6.5% and with a 5 year graded vesting schedule. Please refer to the Guide to Enrolling In Your Retirement Plan which is available on the Well-Being page.

## GET THE MOST OUT OF YOUR 401(K) WHEN YOU CONTRIBUTE AT LEAST 6% (NU)

6% Employer Match + 6.5% Profit Share = 12.5% Contribution by TCCA!

## 401(k) Advisors

### **HUMAN INVESTING**

Tillamook partners with Human Investing to service you and to help make sure your 401(k) is personally tailored to fit your retirement goals.

Not sure how your retirement fund works or how much you should be saving to be comfortable during retirement? These are the things Human Investing can help you with! As well as so much more!

Feel free to contact a member of their team today!

Human Investing is available Monday through Friday, 8 AM–5 PM.

Call: 503-905-3100 Email: 401k@humaninvesting.com

## **Union Pension**

Based on the CBA, TCCA contributes \$.10 per compensated hour to the Western Conference of Teamsters Pension Trust during the first 90 days of employment.

Thereafter, TCCA contributes \$4.01 per regular hour compensated into employee's pension, up to a maximum of 2500 hours per calendar year. (Rates as of 1/1/2025)

Benefits are subject to the terms of the trust. Contact your union for more information about the pension plan.

# EDUCATION BENEFITS (NU/U)

We **Genuinely Care** about the learning and development of our employees at TCCA—the People & Culture team offers a range of opportunities for you to take the driver seat for your learning and development goals. We foster a culture that creates an enriching and fulfilling work experience and that begins by supporting our employees development and growth. Permission-less education and learning programs as well as tuition reimbursement support growth and career opportunities.

## **LinkedIn Learning**

LinkedIn Learning is an online learning platform with on demand, video-based content for over 16,000+ courses on a wide range of topics with varied lengths. All TCCA employees have access to this valuable resource. For more information on this benefit, please email learning@ tillamook.com. LinkedIn Learning courses can be accessed through Tillacademy.

## **Rosetta Stone**

TCCA has partnered with Rosetta Stone, a leader in the language industry, to offer interested employees access to learning a new language. If interested, additional information can be found on the Learning & Development page on Tillaverse.

## Tillacademy

Tillacademy is the Learning Management System that allows employees to sign up for trainings, access LinkedIn Learning content, view Tillamook Learning and Development materials, and track their learning in their transcript.

For more information, email learning@tillamook.com.

## **Scholarship Opportunities**

TCCA's scholarship program recognizes outstanding students who demonstrate leadership through service to their school and community and continues the 115-year old dairy cooperative's tradition of giving back to the community. Each year TCCA awards several \$2,000 scholarships, one of which is allocated to an employee or child of a current employee.

## **Tuition Reimbursement**

TCCA supports employees who wish to continue their education to secure increased responsibility and growth within their professional careers. In keeping with this philosophy, TCCA provides tuition reimbursement for up to \$5,250 annually for approved courses taken through an accredited college for all full time employees. This must be done during their own time. Requests have to be preapproved prior to enrolling and reimbursement is processed after official transcripts are received. Please email benefits@tillamook.com for more information!

## **Bellevue University**

Bellevue University is an excellent option for employees who want to work towards a degree but who don't have a specific college or university in mind, and want to do it virtually and at their own pace (whereas our TCCA tuition reimbursement program is ideal for employees already enrolled in an accredited college or university). Full-time TCCA employees are eligible for an annual benefit of up to \$10,500 at Bellevue University (through a combination of \$5,250 directly billed to TCCA and \$5,250 in grants through Bellevue University). Grants are also available in the amounts of \$3,500 for part-time TCCA employees and \$2,500 for immediate family members who are enrolled as full-time students at Bellevue University.

## **Oregon 529 College Savings Plan**

A 529 plan is an investment account you can use for education expenses such as tuition, fees, books, room and board, supplies, and student loans and interest. You can set this account up for yourself, spouse, children, or even a friend! Employees can contribute to a 529 through payroll, via direct deposit once an account is set up and can take advantage of the tax-free growth, tax free withdrawals, and income tax deductions. Enroll today at www.oregoncollegesavings.com!

# GYM/FITNESS INCENTFIT PROGRAM (NU/U)

At TCCA, we **Genuinely Care** about the health and well being of our employees, and it's our goal to promote healthy living and wellness for team members and their families.

## IncentFit

Regular TCCA employees are eligible for the fitness incentive benefit reimbursement program through IncentFit of up to **\$420** annually.

Enrollees download the free IncentFit app on their mobile device or visit the IncentFit website at www.incentfit. com to submit receipts for eligible expenses. Employees are automatically enrolled in the program with their @ tillamook.com email address. If you need assistance accessing your account, please reach out to benefits@ tillamook.com.

For reimbursement, you will need to submit receipts that show the payment date, name of the fitness facility or eligible item purchased, and the name of the employee. Reimbursements are processed through payroll on the second check of each month.

### Here's how it works:

- Download the IncentFit app on your mobile device or go to the IncentFit website at www.incentfit. com.
- **2.** Click Login/Register
- **3.** At the prompt, enter your TCCA employee number with on "E" at the beginning (ex: E1234)
- **4.** Complete the simple registration to set up your account.

Their support team can assist you with the app or submitting your receipts.

#### **Contact IncentFit Customer Support:**

- Call: (844) 246-2368
- Email: support@incentfit.com

## Reimbursements are available in the following four categories:

#### **Fitness Activity and Membership Purchases**

- Monthly membership fees (YMCA, 24-Hour Fitness, Peloton, etc.)
- Drop-in fitness classes
- National/State Park passes & memberships
- Race admissions & fees
- Golf classes & course fees

#### **Fitness Equipment Purchases**

- Running/sports shoes
- Sports equipment (tennis rackets, golf clubs, etc)
- Workout equipment (bikes, treadmills, skis, etc)
- Digital fitness trackers
- Camping/backpacking equipment
- Fishing/hunting licenses
- Fishing/hunting accessories

#### Weight loss Programs and Tools

- Apps and subscriptions including Weight Watchers (food excluded)
- Educational materials

#### **Personal Enrichment Purchases**

- Meditation studio fees
- Bowling
- Cooking classes

And more!



NON-UNION



Tillamook Cares is TCCA's employee volunteer program. Our mission is to encourage and support employees to be Good Stewards and to bring positive change to the communities in which they live and work.

To support this commitment, TCCA offers all full-time non-union employees 8 hours paid time off (TCares) annually to volunteer at the non-profit of their choice. TCares hours are scheduled the same way you schedule your PTO.

Employees are encouraged to live the **Good Stewards** shared value and perform community service under this policy.

All volunteers receive a branded Tillamook Cares T-Shirt!

Check out the Tillamook Cares page on the Well-Being site regularly to see current volunteer opportunities!



As **Good Stewards**, Tillamook is committed to strengthening the communities where we live and work. **TCCA will match employee donations, dollar for dollar, up to \$500 per employee, each calendar year**.

Visit <u>tillamook.benevity.org</u> or find the link in your TCCA Favorites tab in your Edge browser.

Log in with single sign-on from your company issued device. (Users without single sign-on, please email giving@tillamook. com for assistance).

Check out the Tillamook Giving site regularly to see each month's featured giving opportunities!

We look forward to supporting our communities even more together through **Tillamook Giving**!

# PAID TIME OFF BENEFITS

Our paid time off benefits are comprised of three programs: PTO/Vacation, Paid Holidays and Sick Pay. The following pages outline each paid time off program.

# PTO (NU)

Unless otherwise stated<sup>\*</sup>, you will earn 56 hours of PTO during the first year of employment, 96 hours during the second year, with increases over time to a maximum of 200 hours. Your PTO is earned on the first 1,500 hours worked during each anniversary year. PTO anniversary years run from your date of hire to the same date the following year. PTO can be used as soon as it is accrued and will automatically carry over up to the total maximum cap.

PTO can be cashed out once per anniversary period. There is no limit on the amount that can be cashed out, as long as the cash-out doesn't result in a remaining available balance of less than 40 hours.

YEARS EMPLOYED	NUMBER OF DAYS PER YEAR	MAX NUMBER OF HOURS EARNED PER ANNIVERSARY YEAR	ACCRUAL RATE PER HOUR	TOTAL MAXIMUM CAP
0	7	56	0.0373	-
1–5	12	96	0.0640	232
6–10	15	120	0.0800	280
11–18	20	160	0.1067	360
19+	25	200	0.1333	440

\*Based on your role when hired, advanced benefit seniority may apply allowing you to earn PTO at a higher accrual rate sooner.

# Vacation (U)

Eligible employees shall accrue vacation pay as follows. Accrued vacation is able to be taken at the completion of the first 6 months, and after each anniversary year as shown below.

YEARS OF CONTINUOUS COMPANY SENIORITY	VACATION BENEFIT
After 6 months and 1040 hours worked in their anniversary year*	1 week with 40 hours of vacation pay
Employees with two (2) or more years of Company seniority but less than seven (7) years of Company seniority and work 1500 hours in their anniversary year*	2 weeks with 80 hours of vacation pay
Employees with seven (7) or more years of Company seniority but less than eleven (11) years of Company seniority and work 1500 hours in their anniversary year*	3 weeks with 120 hours of vacation pay
Employees with eleven (11) or more years of Company seniority but less than twenty (20) years of Company seniority and work 1500 hours in their anniversary year*	4 weeks with 160 hours of vacation pay
Employees with twenty (20) or more years of Company seniority and work 1500 hours in their anniversary year*	5 weeks with 200 hours of vacation pay

All vacation must be used within the year following the anniversary date of the year it is earned. Any vacation not used within the year will be forfeited. However, an employee may automatically carry over up to forty (40) hours of earned vacation for an additional twelve (12) month period.

Employees are able to take vacation in lieu of time off based on length or seniority.

\*Refer to your CBA for additional information on vacation eligibility.

# PAID HOLIDAYS

Company holidays, plus two employee scheduled days off, as shown below. For departments whose normal schedule is a five-day, Monday-through-Friday work week, when a recognized holiday falls on a Saturday it will be observed on the preceding Friday. A recognized holiday that falls on a Sunday will be observed on the following Monday.

Please note that due to operating requirements, not all departments observe the same holidays.

HOLIDAYS		
New Year's Day	Thanksgiving Friday	
Martin Luther King Jr. Day	Christmas Eve	
Memorial Day	Christmas Day	
Independence Day	New Years Eve	
Labor Day	Heritage Holiday	
Thanksgiving Day Your Birthday		
Veterans Day*		

### **\*Veterans Day Holiday**

As a way to honor our employees who are also military Veterans, any part-time or full-time employee with Veteran status will have the opportunity to take Veterans Day off, while being paid your "scheduled" shift at your regular rate of pay. Employees will need to demonstrate proof of Veteran status. Please contact P&C for more details.

## **Birthdays**

As a full-time employee you have the opportunity to celebrate your birthday by taking the day off and being paid your "scheduled" shift at your regular rate of pay.

Full-time employees also receive a birthday card and a special branded gift! Schedule your day off in MyTillamook, just as you do PTO. If you are unable to take your actual birthday off, you may, with supervisory approval, take a different day off of your choosing, within three months of your birthday.

We hope you are as delighted about celebrating yourself as we are!

## Heritage Holiday

The Heritage Holiday is awarded to full-time employees as an 8-hour holiday allowing you to celebrate and participate in a day that is important to you and your heritage. We recognize the value that different perspectives and cultures and lived experiences bring to an organization. An important piece of this is a person's heritage, which includes the values, traditions, culture and artifacts handed down to them by previous generations. Some examples of occasions to use this day could include Good Friday, Juneteenth, Diwali, Yom Kippur, or Lunar New Year.

The Heritage Holiday is issued at the date of hire, and on January 1 of each year. It must be taken by December 31, except in states that mandate roll-over. Schedule your day off in MyTillamook, just as you do PTO.

## **Jury Duty Pay**

TCCA encourages employees to fulfill their civic responsibilities by serving jury duty when required. Employees will be granted time off to serve on juries and as subpoenaed witnesses when required by law. Verification of the dates and times of service will be required.

Full time employees are eligible to be paid regular wages, including shift differential, for scheduled hours missed as a result of serving jury duty. Employees are entitled to any compensation provided by the courts.

**Union Employees:** Please refer to your CBA for additional details.

# SICK PAY

As a full-time employee, you will receive 40 hours of Oregon Paid Sick Leave (sick pay) per year to use for the following reasons:

- Your health condition: illness, injury, or health condition
- Family member's health condition
- Oregon Family Leave Act (OFLA) qualifying reason
- Domestic violence, harassment, sexual assault
- Public health emergency

## **Non-Union Sick Pay**

Annually, 40 hours will be available in your sick leave account on January 1st. For new hires, the initial balance will be front loaded on a pro rata percentage, and is available to be used once an employee has worked 90 days. At the end of each calendar year, your unused sick leave balance is rolled into your **Rewards bank** if not used. Hours in your Rewards bank can be used as paid time off, cashed out based on PTO payout rules, and are payable upon separation of employment.

## **Union Sick Pay**

Employees will accrue paid sick leave at the rate of 1 hour per 30 hours of work, to a maximum of 40 hours per calendar year. You will receive a cash-out of unused sick leave unless a request to carry over is submitted. For new hires, accrued time is available once an employee has worked 90 days. Please see your CBA for additional details.

## **Bereavement Leave**

TCCA offers paid time off to employees for absences related to the death of immediate family members. An employee who wishes to take time off due to the death of an immediate family member should notify their supervisor immediately. A full-time employee who is absent from work to bereave the loss of a family member will be paid for actual time lost from work at their regular straight time hourly wage rate, including any shift differential (salaried employees will receive a continuation of salary without deduction) as outlined in the chart below:

FAMILY MEMBERS	AMOUNT
Spouse or domestic partner, (union only-domes- tic partner as defined by Oregon Law) biologi- cal, adoptive or foster parent or child, brother or sister, parent-in-law, grandchild, grandparent, step-child, step-parent, sister-in-law and broth- er-in-law	Up to three days of pay (36 hours)

Oregon Family Leave Act (OFLA)—Bereavement Leave: Additional Bereavement Leave is provided under Oregon Family Leave and is integrated with hours available for other needs under OFLA.

To apply for OFLA Bereavement Leave, please contact the Leave of Absence Team at (503) 815-6761.

To report any unscheduled absence, please call: (800) 315-8845

### Leave of Absence

If you believe your absence may qualify for FMLA/OFLA/Paid Leave Oregon or any other leave, please scan, call or email:

> **Phone:** (503) 815-6761 **Fax:** (978) 367-9112 **Email:** LOA@Tillamook.com

Or scan the QR code below:





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# **SUPPORTLINC** (NU/U)

## **Employee Support Program**

SupportLinc offers expert guidance to help address and resolve everyday issues! Emotional well-being and work-life balance resources for you and your eligible dependents at your fingertips!

Call: (888) 881-5462

Visit: supportlinc.com

Group Code: tillamook

### **IN-THE-MOMENT SUPPORT**

Reach a licensed clinician by phone 24/7/365 for all your immediate needs.

### **FINANCIAL EXPERTISE**

Consultation and planning with a licensed financial counselor.

### **LEGAL CONSULTATION**

By phone or in-person with a local attorney.

### **SHORT-TERM COUNSELING**

Access in-person or video counseling sessions to resolve concerns such as stress, anxiety, depression, relationship issues, work-related pressures, or substance abuse.

Employees, household members and eligible dependents

are eligible for 6 paid visits per issue per year (proof of insurance not needed).

### **CONVENIENCE RESOURCES**

Referrals for child and elder care, home repair, housing needs, education, pet care and so much more!

### CONFIDENTIALITY

SupportLinc ensures no one will know you have accessed the program without your written permission except as required by law.

### **YOUR WEB PORTAL**

- Your one-stop shop for program services, information, and more.
- Discover on-demand training to boost well-being and life balance.
- Find search engines, financial calculators and career resources.
- Explore thousands of articles, tip sheets, selfassessments and videos.

### **CONVENIENT ON-THE-GO SUPPORT**

**eConnect Mobile App:** Confidential support and expert, searchable content.

**Textcoach:** Personalized coaching with a licensed counselor on mobile app or desktop.

**Animo:** Self-guided resources to improve focus, well-being, and emotional fitness on your mobile app or desktop.



# **GENUINE CARE**

For each other, serving each other with empathy and honesty, helping to keep each other safe and happy in our work and lives, and having fun together along the way.

# EMPLOYEE RECOGNITION PROGRAMS (NU/U)

At TCCA, we recognize that each and every employee is an essential part of our team and plays a valuable role in our company's success. Furthermore, we recognize that employee praise and recognition are important to support our shared values and uphold our outstanding workplace. Below is a summary of the Employee Recognition Programs that TCCA provides to our employees.

## **High-Five Awards**

Any employee can nominate a coworker for a High-Five peer award for going above & beyond and supporting our Shared Values. Special branded items valued at approximately \$20 are available to be awarded. Please visit the front desk or contact a member of your P&C team for additional information on these special items. High-Five rewards can also be requested via the Snappy online portal! **Snappy** is a fun addition to our rewards program! Visit MyTillamook to submit your High-Five through Snappy. The employee will received an email or text message with a link to Snappy along with the personalized nomination message. From there, they can review a list of over 20 gift options, including branded gifts, pick which one they want, and they'll receive it at home usually in only 2 days!

## **Employee Birthdays**

Each year a special branded item is identified as the company-wide birthday gift. Full-time employees receive their special gift, along with a birthday card, for their special day! In addition, all full-time employees have the opportunity to celebrate their birthday by taking their special day off, paid! We hope you are as delighted about celebrating yourself as we are.

## **Longevity Awards**

Milestone anniversary gifts are awarded through the Snappy platform, offering a select choice of branded items for anniversary milestones of 1, 3, 5, 10 and 15 years. The employee will receive a special email or text message with a link to **Snappy** where they can select their gift of choice which will be delivered to their home! Beginning at 20 years, managers are included in the selection of the gift with a value based on longevity.

## **Retirement Gifts**

Employees who retire from TCCA are recognized for their service and dedication. The employee's manager personally selects a special retirement gift for their retiring employee. The value of the retirement gift correlates directly to the years of continuous service with TCCA. To be eligible, an employee will have worked a minimum of 5 continuous years with the Company and be at least 60 years of age. If an employee retires before age 60, the rule of 80 will be used to determine eligibility for this program, unless they have 20 years or more of continuous service. The employee also receives a letter of appreciation from the President and CEO, David Booth.

## **Baby Blankets**

We love welcoming our employee's newest family members! New parents receive an amazingly soft and personalized branded baby blanket.



NON-UNION

# **EMPLOYEE PERKS (**NU/U)

## The Creamery Employee Discounts

• 20% discount on all Creamery items, food, and beverages (excluding alcohol, commission items, and sale prices).

Employee charge privilege is available, allowing purchases to be deducted from regular paychecks. Employees at the Boardman location have the ability to place orders with a once a month onsite delivery option.

## TCCA Farm Store Employee Discounts

- 20% discount on TCCA dairy products
- 10% off other eligible items

Employee Charge privilege can be set up at any time, but must be done in person.

## **Yum Bucks**

Watch your mailbox! Periodically, employees are mailed a generous supply of retail coupons redeemable for FREE Tillamook product! Keep your fridge and freezer stocked with delicious Tillamook products, or spread the Tilla-LOVE and share with family and friends! When you visit the Tillamook Creamery visitors center, Tillamook Market at PDX, either of our Farm Stores or the Boardman Employee Store you can receive DOUBLE the product with your Yum Bucks!

## **Verizon Cell Phone Discounts**

Receive a corporate discount with Verizon by simply providing proof of current employment. Contact the Validation Center at (800) 890-8007.

## **Employee Referral Program**

Referring a friend could be a rewarding experience for us both! If you know someone who you think would make a great addition to the team, please let us know. When the employee that you referred joins our team, you will receive a bonus of \$250 as our way of saying thank you! Note: More information about this program is available on the Tillaverse.

## **Flowers or Special Delivery**

We take the time to send flowers, plants, or a special delivery to our employees or their family members in the event of surgery, illness or an accident.



**BE WELL** 

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**FEEL WELL** 



LIVE WELL



### **GROW WELL**

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# **BENEFIT CONTACT INFO** (NU)

In addition to contacting any member of the TCCA People & Culture team with questions, you may also find the following contacts helpful regarding specific areas of our benefit plans. Contacts with **A** have Spanish-speaking options.

P&C BENEFIT CONTACT INFORMATION		
Benefits Hotline	(503) 354-3100	benefits@tillamook.com
LOA Hotline	(503) 815-6761	LOA@tillamook.com
MEDICAL, RX, DENTAL, VISION		
Regence BlueCross BlueShield of Oregon	(866) 240-9580 🔺	www.regence.com
Delta Dental (through Moda)	(888) 217-2365 🔺	www.deltadentalOR.com
Moda Vision	(877) 605-3229 🔺	www.modahealth.com
DENTAL (OPTION 2)		
Willamette Dental Group	(855) 433-6825	www.willamettedental.com
BENEFITS INCLUDED WITH REGENCE		
MDLive (Virtual Medical/Mental Health/Dermatology)	(800) 400-6354 🔺	www.mdlive.com
Boulder (Addiction Care / Regence network)	(866) 347-9635	www.boulder.care/regence
linge Health (Virtual Physical Therapy)	(855) 902-2777	www.hingehealth.com
Omada (Diabetes and weight loss programs)	(888) 409-8687	omadahealth.com
FAMILY FORMING BENEFITS & HORMONE SU	PPORT	
Carrot	support@get-carrot.com 🔺	www.get-carrot.com
FLEXIBLE SPENDING ACCOUNTS/HEALTH SA	VINGS ACCOUNTS	
HealthEquity	(866) 382-3510 🔺	www.healthequity.com
EMOTIONAL WELL-BEING AND WORK LIFE B	ALANCE	
SupportLinc	(888) 881-5462 🔺	www.supportlinc.com
GROUP TERM OR VOLUNTARY LIFE INSURAN	CE AND DISABILITY	
UNUM	(800) 858-6843 🔺	www.unum.com
QUIT FOR LIFE TOBACCO CESSATION PROG	RAM	
Quit For Life	(866) 784-8454 🔺	www.quitnow.net
401(K) PLAN		
Standard Retirement Services, Inc.	(800) 858-5420 🔺	www.standard.com/retirement
Human Investing	(503) 905-3100	www.humaninvesting.com
VOLUNTARY COVERAGES		
UNUM	(800) 635-5597 🔺	www.unum.com/employees
Legal Shield/Identity Shield	(800) 654-7757 🔺	www.legalshield.com
Pet Insurance - Nationwide (through UNUM)	(844) 208-1105 🔺	https://unum.petinsurance.com/pet/tc
CARE@WORK		
Care.com	(855) 781-1303	www.tillamook.care.com
INCENTFIT		
Incentfit.com	(844) 246-2368	www.incentfit.com

# **BENEFIT CONTACT INFO (U)**

In addition to contacting any member of the TCCA P&C team with questions, you may also find the following contacts helpful regarding specific areas of the benefit plans, contacts below with a  $\blacktriangle$  have Spanish speaking representatives.

TEAMSTERS LOCAL NO. 58		
Main Office 2212 NE Andresen Road, Vancouver, WA 98661	Phone: (360) 693-5841 Fax: (360) 695-0768 Email: www.teamsterlocal58@msn.com	
OREGON PROCESSORS EMPLOYEE TRUST		
Medical & Prescription Coverage 750 Browning Avenue, Salem OR 97302	Phone: (503) 364-5942	Fax: (503) 325-2561
OTET-BLUE CROSS		
Dental & Vision Coverage PO Box 3470, Portland OR 97208	(800)	+52-8812
WILLIAM C. EARHART CO.		
Teamster Benefit Plan Administrator PO Box 4148, Portland, OR 97208	(800)	547-1314
PENSION		
Pension Administrators for Teamsters 700 NE Multnomah, Suite 870, Portland OR 97232	(800) 845-9040	
EMOTIONAL WELL-BEING AND WORK LIFE BA	ALANCE	
SupportLinc	(888) 881-5462	
GYM REIMBURSEMENT PROGRAM		
IncentFit	Phone: (844) 246-2368 Email: support@incentfit.com Web: www.incentfit.com	
FLEXIBLE SPENDING ACCOUNTS		
HealthEquity	(866) 38	82-3510 🔺
VOLUNTARY COVERAGES		
UNUM	(800) 635-5597 🔺	www.unum.com/employees
Legal Shield/Identity Shield	(800) 654-7757 🔺	www.legalshield.com
Pet Insurance - Nationwide (through UNUM)	(844) 208-1105	https://unum.petinsurance.com/pet/tcca
CARE@WORK		
Care.com	(855) 781-1303	www.tillamook.care.com
QUIT FOR LIFE TOBACCO CESSATION PROGR	RAM	
Quit For Life	(866) 784-8454 🔺	www.quitnow.net
401(K) RETIREMENT PLAN		
Standard Retirement Services, Inc.	(800) 858-5420 🔺	www.standard.com/retirement
401(K) RETIREMENT PLAN FINANCIAL ADVISO Human Investing	ORS (503) 905-3100	www.humaninvesting.com

If you need assistance in enrolling in the voluntary benefits offered by TCCA, please reach out to benefits@tillamook. com or call the Benefits Hotline at (503) 354-3100.

# **GET ENROLLED**

## How to Complete Your Online Enrollment or Make a Change

In line with our **Good Steward** shared value, our enrollment processes are paperless. Employees need to enroll in benefits online through MyTillamook.

Enrollment is required within 31 days of eligibility, or you can enroll or make a change within 31 days of a life event. (Open Enrollment is typically October/ November with benefits effective January 1.)

## Please follow these instructions to enroll or make a change:

- 1. Open your Edge internet browser
- 2. Find the TCCA Favorites Folder
- 3. Click on MyTillamook or to enroll on a personal computer, visit: <u>https://n14.ultipro.com</u>
- 4. Locate the "Employee Self-service" section on the home page
- 5. Select "Life Events (Benefit/Insurance)"

During Open Enrollment, select "Open Enrollment" to make a change.

- 6. Click on "I am a new employee", "I need to make a change", or the event that best fits your needs
- 7. Proceed through the enrollment screens, and click submit when finished
- 8. If you are covering a spouse/domestic partner and eligible to receive the Spousal Surcharge Credit, complete the Affidavit in your life event.
- 9. Upload your proof of dependent eligibility documents on the "Document Manager" tab under "Myself"

If you need assistance, please reach out to your People & Culture representative.

## **Benefit Election Changes**

TCCA's Open Enrollment period (generally taking place in late October or early November each year, with changes effective Jan. 1) will allow you to add dependents and make changes to your coverage elections.

If you are adding dependents to your health insurance, you will need to provide proof of relationship documents to People & Culture prior to the coverage date. A list of acceptable documents for dependent eligibility is available on the Well-Being page. If proof is not received, dependents cannot be added.

If you cover your spouse or domestic partner, you must notify the benefits team within 30 days of a change in status that impacts the spousal surcharge.

If you experience a life event change during the plan year such as marriage, divorce, birth, or adoption of a child, change in domestic partner status, or a spouse/ domestic partner losing or gaining other coverage, you could qualify to make changes to your benefit plans outside of the Open Enrollment period, including enrolling in coverage.

In the event of divorce or loss of domestic partner status, previously eligible dependents will become ineligible and cannot be covered on our plans.

You are required to notify People and Culture within 31 days of the date of the event to make benefit plan changes. Failure to notify P&C within 31 days may disqualify you and require you to wait until the next Open Enrollment to make plan changes.

Certain benefits can be dropped mid-year without a life event, inquire with People & Culture for more details.

## **Benefits Scoop**

Do you have specific questions about benefits? Want more information? Need help logging in and/or enrolling? We've got the scoop on your benefits and are here to answer your questions! Schedule your own private Benefits Scoop with a member of our benefits team! Other ways to reach us.

Benefits Hotline: (503) 354-3100 Email: benefits@tillamook.com Scan the QR code to book an appointment!



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